



## **Leave No Trace**

An important part of preparing girls to head outdoors is to help them understand and embrace the seven basic principles of Leave No Trace.

Leave No Trace principles help girls understand how to enjoy the natural world in a way that avoids human-created impacts. These principles can be applied anywhere girls go outside, whether it's a backyard, a schoolyard, a state park or the backcountry.

### **Leave No Trace for Daisies, Brownies, and Juniors:**

#### **Know Before You Go.**

*Pack the right gear for your outdoor trip. Know the rules for where you are going.*

#### **Choose The Right Path.**

*Stay on marked trails, don't take shortcuts and trample plants and flowers.*

#### **Trash Your Trash.**

*Make sure to put all trash, including food, in a bag or covered trash can.*

#### **Leave What You Find.**

*Don't pick flowers and plants, hurt trees, or collect anything from the outdoors, like pinecones or seashells.*

#### **Be Careful With Fire.**

*If allowed to build a fire, make sure it's a small one. Follow safety rules. And make sure the fire is completely out before you leave.*

#### **Respect Wildlife.**

*Watch wildlife from a distance.*

#### **Be Kind To Other Visitors.**

*Be nice to others you meet in the outdoors. Try not to make loud noises.*

### **Leave No Trace for Cadettes, Seniors, and Ambassadors:**

#### **Plan Ahead.**

*Find out about the place you are going. Are there special regulations or concerns for the area? Do you have the right gear for the weather?*

#### **Travel and Camp on Durable Surfaces.**

*Stay on established trails. Camp at established campsites whenever possible.*

#### **Dispose of Waste Properly.**

*Pack out what you carry in including all trash, leftover food and litter.*

#### **Leave What You Find.**

*Leave nature as it is, which means leave rocks, plants and other natural objects as you find them. Don't build structures, dig ditches or cut healthy trees or bushes.*

#### **Minimize Campfire Impacts.**

*Campfires are a special part of a Girl Scout's outdoors experience: Only start a fire in an established fire ring, keep it small, and put it out properly.*

#### **Respect Wildlife.**



*Don't approach, feed or follow any animals, watch them from a distance.*

**Be Considerate of Other Visitors.**

*Respect other visitors so they have a good experience in the outdoors, too. Yield to other users on the trail, camp away from trails and other visitors, keep your voice and noise level down.*